

## DEPARTMENT OF VETERANS AFFAIRS Medical Center Coatesville, PA 19320



## Office of Public Affairs

Reply: 542/003 Kathleen Pomorski 610-383-0203 484-832-4440 (cell) kathleen.pomorski@va.gov

**NEWS RELEASE** 

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## Coatesville VA Medical Center Announces Mobile Adult Day Health Care Program Third Location for Veterans Added this Month

(Coatesville, Pa.) — This month, the Coatesville Veterans Affairs (VA) Medical Center began offering a Mobile Adult Day Health Care program at the American Legion Post 602 in Spring City, Pa. In total, the medical center now offers the program in three locations including Veterans of Foreign Wars Post 845 in Downingtown, Pa., and Veterans of Foreign Wars Post 106 in West Chester, Pa.

"We are so pleased to offer this beneficial program to Veterans," said Acting Medical Center Director Elizabeth Helsel, "We know that people do better when they can stay living in their own homes. We designed this program to help Veterans stay engaged in life. The program also benefits involved caregivers."

Approximately 50 elderly or disabled Veterans participate in the social and supportive program, which takes place in each location one day a week. Through the Mobile Adult Day Health Care program, Veterans who live in their own homes join VA health care professionals for recreational activities. A typical day consists of some combination of coffee social time, music, therapeutic exercise, current event discussion, trivia, art and other leisure activities.

A focus throughout the VA health care system is to provide Veterans with non-institutional care options. At the Coatesville VA Medical Center, Home Based Primary Care, Caregiver Support, Respite Care,

Dementia Clinic, Geriatric Patient Aligned Care Teams and more help to keep more Veterans living indepdently.

The program is funded through a VA Non Institutional Long Term Care (NILTC) grant aimed at providing services in the community to prevent institutionalization. The Coatesville VA Medical Center is exploring ways to expand the Mobile Adult Day Health Care program to at least one additional location.

The VFW Post 106, West Chester, Pa. program takes place on Mondays from 9:30a.m to 2:30p.m., the VFW Post 845, Downingtown, Pa. program takes place on Tuesdays from 9:30a.m. to 2:30p.m., and the American Legion Post 602, Spring City, Pa. program takes place on Wednesdays from 9:30a.m. to 2:30p.m.

Veterans and their family members who are interested in participating in the program should call program coordinator, Mandy Trammel at 610-384-7711, extension 6082. Veterans must be enrolled and eligible for VA health care to participate.

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## **About Coatesville Veterans Affairs Medical Center**

The Coatesville Veterans Affairs (VA) Medical Center is one of 152 VA medical centers nationwide. The medical center and its outpatient clinics in Spring City and Springfield, Pa. comprise an integrated health care system dedicated to providing Veterans with health care that improves their health and well-being.

Health care offered is continuously improving, patient-centered, data-driven and team-based and encompasses mental health care, primary care, preventive care, geriatrics and extended care, specialty and women's health care, and pharmacy and social work services, and more for inpatients, residential patients and outpatients.

In Fiscal Year 2014, the medical center provided health care to 19,477 Veterans, and had 222,871 outpatient visits. There were 1,659 Iraq and Afghanistan War Veterans and 1,049 women Veterans served. The medical center currently employs approximately 1,360 full time workers.

All Veterans who are treated at the Coatesville VA Medical Center must be eligible for and enrolled in VA health care. Eligibility and enrollment professionals can be reached at 610-383-0265 or 610-383-0266. Visit us at <a href="https://www.coatesville.va.gov">www.coatesville.va.gov</a> and <a href="https://www.facebook.com/coatesvillevamc">www.facebook.com/coatesvillevamc</a>.